

Housing is Health Collective Impact Initiative

Sean Hubert, Chief Housing and Strategy Officer

February 8, 2018



Overview

- Our work
- Describe the Housing Is Health Collective Impact Initiative
- Provide context that supported development of this collaboration
- Understand financial drivers for collaboration + Social ROI



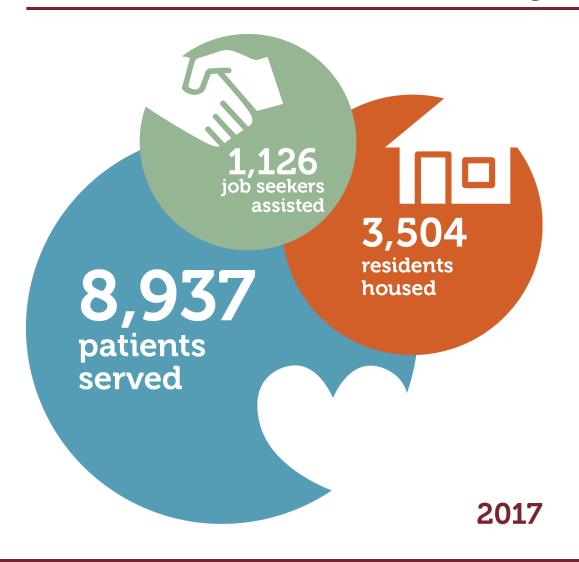
CCC's Mission: How we pursue it

- Central City Concern meets its mission through equity-based, comprehensive strategies that foster health and social and economic strength for people experiencing disproportionate barriers to success.
- Together, we venture on a journey of personal and community transformation, embracing:
 - Direct access to housing which supports lifestyle change.
 - Integrated **healthcare** services that are highly effective in engaging people who are often alienated from mainstream systems.
 - The development of **peer relationships** that nurture and support personal transformation and recovery.
 - Attainment of income through employment and/or accessing benefits.





Central City Concern's Scope



1700 APARTMENTS IN 24 BUILDINGS



- Transitional housing
- Permanent supportive housing
- Family housing
- Housing first and harm reduction programs

EMPLOYMENT SERVICES



- One-on-one supported employment services specific to individual and community needs
- Volunteer opportunities that build confidence and work skills
- Training through transitional
- jobs in social enterprises

13 FEDERALLY QUALIFIED HEALTH CENTER SITES



- Integrated primary & behavioral health care
- Community mental health services
- Subacute detoxification
- Inpatient and outpatient recovery services
- Acupuncture & naturopathic treatments
- Pharmacy

SOBERING SERVICES



- Transportation and stabilization services that protect the health and safety of the downtown community
- Harm reduction for individuals experiencing public intoxication





Making headlines: Housing is Health

- \$21.5 million donation from six health systems toward 379 units of housing and new health center announced in Fall 2016.
- National news including New York Times, Washington Post and ABC News.
- Generated interest from industry leaders from:
 - CSH
 - Mercy Housing
 - LIIF
 - The Kresge Foundation
 - and more.







Health and Housing Collaborative













"In health care, we are moving from a focus on caring for disease and acute illness toward ongoing care and treatment of a patient's overall needs. We know that access to housing helps stabilize people's lives—and as a result, puts them in a better position to get the best level of care to keep them well."

-Dave Underriner, Chief Executive, Providence Health & Services – Oregon





HEALTH AND HOUSING RESULTS

- Three new buildings that will add 379 units of affordable housing to the Portland area
- Includes a new health clinic in East Portland

Coming in 2018-19



Charlotte B. Rutherford Place 51 units



Stark Street Apartments
153 units



Blackburn Building – Housing: 175 units Integrated Health Clinic





Providing Context: How Did We Get Here?





Why are people homeless?

Individual Factors

Poverty

Early childhood adverse experiences

Mental health and substance use disorders

Personal history of violence

Criminal justice system interaction

Youth: family conflict and victimizations, nonheterosexual sexual identify, having been in the childhood welfare system



Structural Factors

Absence of low-cost housing

Unemployment and wage stagnation

Changes in mental health approaches





HOMELESSNESS

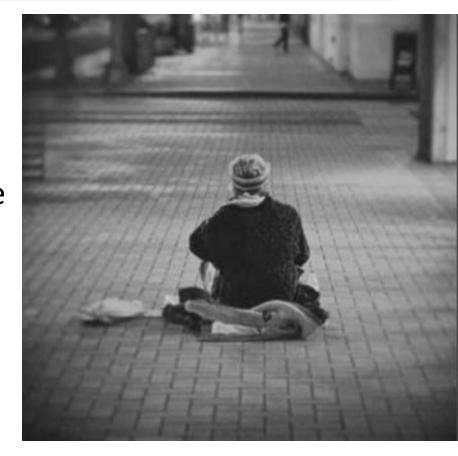
Fazel et al Lancet 2014





The current housing paradigm

- Shortage of affordable housing: 120,000 state / 30,000 Portland
- Oregon has the 4th highest rate of per capital homelessness in nation
- What the market is building: less than 1% affordable
- What the public funders are building: 80%+ affordable at 50% MFI and above
- Very Low Income and highly vulnerable population needs are not being met
- Health Systems high utilizers housing needs impacting healthcare costs and outcomes

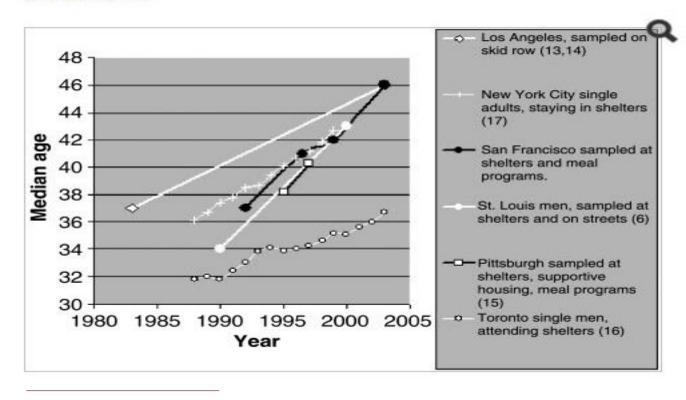






The homeless are aging

FIGURE 1



Source:

Hahn, J.A., Kushel, M.B., Bangsberg, D.R., Riley, E., Moss, A.R. (2006). Brief report: The aging of the homeless population: Fourteen-year trends in San Francisco. *Journal of General Internal Medicine*, *21* (7), 775-778.

"People over 50 are the fastest growing segment of the homeless population, and they are battling more chronic physical and mental conditions that homeless people in the previous generation."

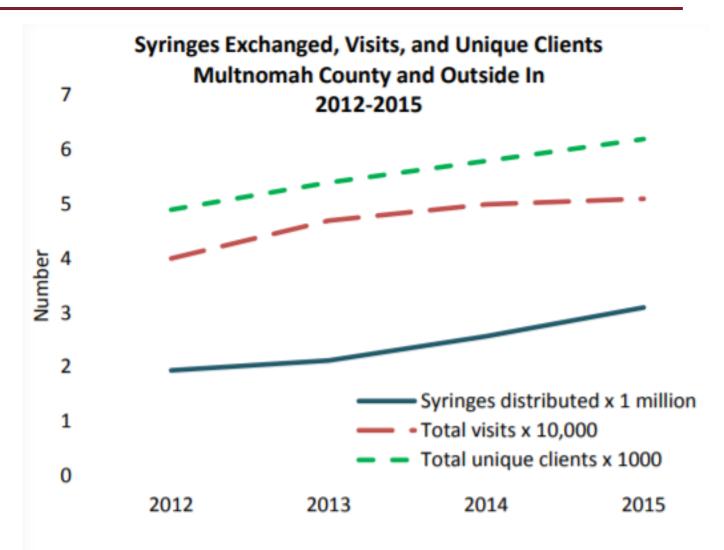
-Carla Bezold, from With the population on the streets aging, homelessness mimics a chronic disease, Council for the Advancement of Science Writing, 2015





The opioid epidemic and homelessness

- More than 3 million syringes exchanged in 2015, a 59% increase since 2012
- More than 6,000 unique clients served in 2015
- 40% of syringe exchange clients were homeless; an additional 27% reported an unstable housing situation
- More than half of heroin users surveyed wanted to quit or cut down but report many barriers to treatment







Developing the Financial Case + Social ROI





LEARNING FROM LOCAL MODELS: BCC

From Providence Center for Outcomes Research & Education:

Exhibit 2. Total Costs Per Member Month (PMPM) Before and After Moving in to BCC



NOTES: The orange line represents actual total costs per member per month. The blue line (and associated numbers) represents the average (mean) cost for each indicated time period (one-year increments). The red line indicates the date each individual moved into BCC.





Learning From Local Models: RCP

Medical Respite Programs Decrease Hospital Readmissions

| Central City Concern | , Recup | erative | Care Pro | ogram |
|---------------------------------------------|------------|------------|----------|------------|
| Stays Discharged from Od | tober 1, 2 | 2014 to Se | ptember | 31, 2015** |
| Cumulative Readmissi | ons After | Discharge | from RC | P |
| Readmission Within XX Days of RCP Discharge | 30 | 60 | 90 | |
| n=50 | | | | |
| 0 Admissions | 94% | 86% | 80% | |
| 1 Admission | 6% | 14% | 16% | |
| 2+ Admissions | 0% | 0% | 4% | |
| | | | | |

^{**}NOTE: Many studies have demonstrated that a typical readmission rate for individuals experiencing homelessness is 50%.





Learning From Local Models: CCC Recovery Housing

Clients who entered Recovery Housing after detox were:

3 times as likely to complete SUD treatment

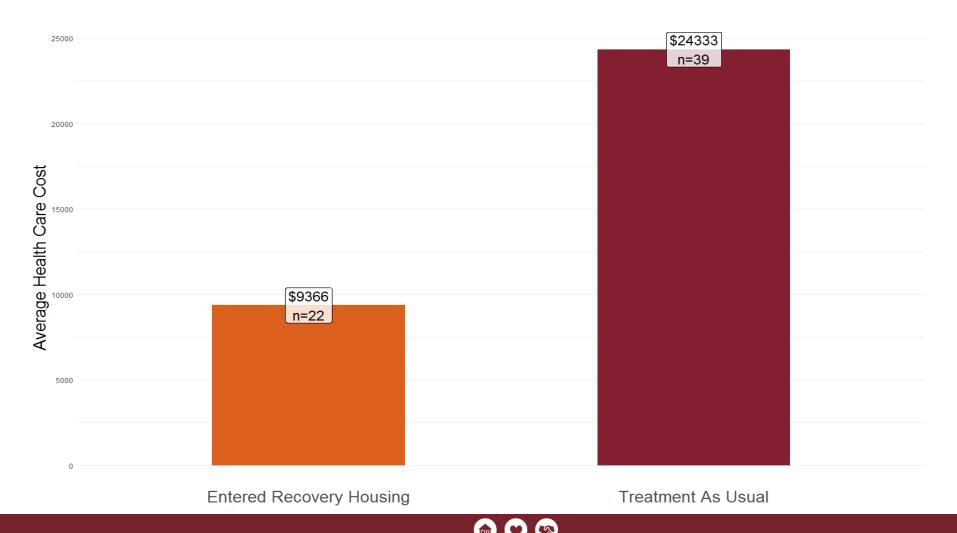
10 times as likely to engage in primary care at OTC





Learning From Local Models: CCC Recovery Housing

Lower Total Health Care Cost with RH



Differences are statistically significant

THE PITCH

- Collective investing could impact the gap in need and care
- Collective investing could be catalyst for additional private investment + public policy shift
- Private investment leverages additional funding –\$1 private investment could leverage \$3+ from other sources
- Collective investment could make a dramatic difference in the lives of vulnerable populations; reduce repeat hospitalizations and other public costs; improve coordination, care and outcomes; stabilize lives; build self-sufficiency





TIE TO OUTCOMES RESEARCH

Providence Center for Outcomes Research and Education (CORE) at Providence Portland Medical Center and the Center for Health Research at Kaiser Permanente:



- Housing retention
- Employment Outcomes
- Clinical Outcomes
- Healthcare Utilization and Total Cost of Care
- Opportunity for other cross sector evaluation:
 - Education (School Days Missed)
 - Criminal Justice (Jail Days, Recidivism)





Eastside Housing and Health Center

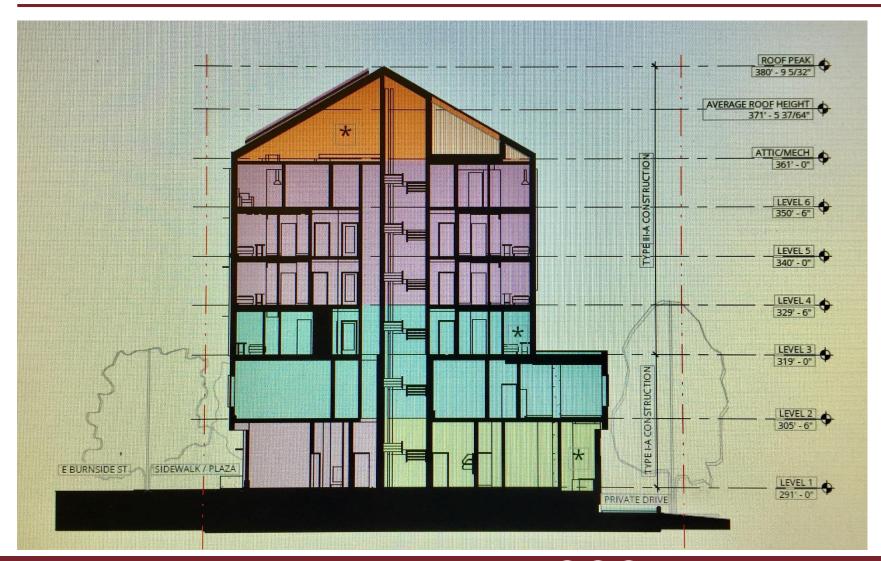
- Integrated health center with 175 units of housing
- Serve medically fragile people, people in recovery from addictions and mental illness
- 52 beds providing medical and mental health respite care
- 10 units providing palliative care housing
- 133 units recovery housing
 - 90 SROS Transitional
 - 34 Studios Permanent
- Leverage 175 beds into 3,500 people served every 5 years







Campus Legal Structuring





Eastside Financial Overview

| Condo A - | | Condo B- | | | | | | | |
|----------------|----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| (floors 4,5,6) | | (floors 1, 2, 3) | | | Total | Uses | | | |
| \$ | 8,060,393 | \$ | - | \$ | 8,060,393 | Hard Costs | | \$ | 37,700,000 |
| \$ | - | \$ | 7,893,600 | \$ | 7,893,600 | Soft Costs | | \$ | 10,411,525 |
| \$ | 9,842,191 | \$ | 10,157,809 | \$ | 20,000,000 | Land | | | \$944,681 |
| \$ | 849,874 | \$ | 152,886 | \$ | 1,002,760 | | | | |
| \$ | 250,000 | \$ | - | \$ | 250,000 | | | | |
| \$ | 150,000 | \$ | - | \$ | 150,000 | | | | |
| \$ | 100,000 | \$ | - | \$ | 100,000 | | | | |
| | | \$ | 5,800,000 | \$ | 5,800,000 | | | | |
| \$ | 1,700,000 | | | \$ | 1,700,000 | | | | |
| \$ | 150,000 | | | \$ | 150,000 | | | | |
| \$ | 2,500,000 | | | \$ | 2,500,000 | | | | |
| \$ | 180,000 | \$ | 320,000 | \$ | 500,000 | | | | |
| \$ | 684,295 | \$ | 265,158 | \$ | 949,453 | | | | |
| \$ | 24,466,753 | \$ | 24,589,453 | \$ | 49,056,206 | | | \$ | 49,056,206 |
| | \$\$\$\$\$\$\$\$ \$ | (floors 4,5,6) \$ 8,060,393 \$ - \$ 9,842,191 \$ 849,874 \$ 250,000 \$ 150,000 \$ 100,000 \$ 1,700,000 \$ 150,000 \$ 2,500,000 \$ 180,000 \$ 684,295 | (floors 4,5,6) (floor | (floors 4,5,6) (floors 1, 2, 3) \$ 8,060,393 \$ 7,893,600 \$ 9,842,191 \$ 10,157,809 \$ 849,874 \$ 152,886 \$ 250,000 \$ - \$ 150,000 \$ - \$ 1,700,000 \$ 5,800,000 \$ 2,500,000 \$ 320,000 \$ 684,295 \$ 265,158 | (floors 4,5,6) (floors 1, 2, 3) \$ 8,060,393 \$ - \$ \$ 7,893,600 \$ \$ 9,842,191 \$ 10,157,809 \$ 849,874 \$ 152,886 \$ 250,000 \$ - \$ \$ 150,000 \$ - \$ \$ 1,700,000 \$ 5,800,000 \$ 1,700,000 \$ 5 \$ 2,500,000 \$ 320,000 \$ 684,295 \$ 265,158 | (floors 4,5,6) (floors 1, 2, 3) Total \$ 8,060,393 \$ - \$ 8,060,393 \$ - \$ 7,893,600 \$ 7,893,600 \$ 9,842,191 \$ 10,157,809 \$ 20,000,000 \$ 849,874 \$ 152,886 \$ 1,002,760 \$ 250,000 \$ - \$ 250,000 \$ 150,000 \$ - \$ 150,000 \$ 1,700,000 \$ 5,800,000 \$ 1,700,000 \$ 150,000 \$ 1,700,000 \$ 150,000 \$ 2,500,000 \$ 2,500,000 \$ 500,000 \$ 180,000 \$ 320,000 \$ 500,000 \$ 684,295 \$ 265,158 \$ 949,453 | (floors 4,5,6) (floors 1, 2, 3) Total \$ 8,060,393 \$ - \$ 8,060,393 Hard Costs \$ 9,842,191 \$ 10,157,809 \$ 20,000,000 Land \$ 849,874 \$ 152,886 \$ 1,002,760 \$ 250,000 \$ 250,000 \$ - \$ 250,000 \$ 150,000 \$ 150,000 \$ 100,000 \$ 5,800,000 \$ 5,800,000 \$ 1,700,000 \$ 1,700,000 \$ 150,000 \$ 2,500,000 \$ 2,500,000 \$ 180,000 \$ 320,000 \$ 500,000 \$ 949,453 | (floors 4,5,6) (floors 1, 2, 3) Total Use \$ 8,060,393 \$ - \$ 8,060,393 Hard Costs \$ - \$ 7,893,600 \$ 7,893,600 Soft Costs \$ 9,842,191 \$ 10,157,809 \$ 20,000,000 Land \$ 849,874 \$ 152,886 \$ 1,002,760 \$ 250,000 \$ 250,000 \$ - \$ 250,000 \$ 150,000 \$ 150,000 \$ - \$ 100,000 \$ 5,800,000 \$ 1,700,000 \$ 5,800,000 \$ 1,700,000 \$ 1,700,000 \$ 2,500,000 \$ 2,500,000 \$ 2,500,000 \$ 2,500,000 \$ 180,000 \$ 320,000 \$ 500,000 \$ 949,453 | (floors 4,5,6) (floors 1, 2, 3) Total Uses \$ 8,060,393 \$ - \$ 8,060,393 Hard Costs \$ \$ 9,842,191 \$ 10,157,809 \$ 20,000,000 Land \$ 849,874 \$ 152,886 \$ 1,002,760 Land \$ 250,000 \$ - \$ 250,000 \$ 150,000 \$ 150,000 \$ 100,000 \$ 5,800,000 \$ 5,800,000 \$ 1,700,000 \$ 1,700,000 \$ 150,000 \$ 2,500,000 \$ 2,500,000 \$ 2,500,000 \$ 2,500,000 \$ 500,000 \$ 320,000 \$ 684,295 \$ 265,158 \$ 949,453 \$ 150,000 |

^{*} Includes NMTC Fees (\$2MM)





Questions and discussion

Thank you!

Contact:

sean.hubert@ccconcern.org



