# Innovations in Housing Production



Moderator: Sierra Barnes



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# Housing Innovations as We Age

Housing Land Advocates Conference - March 8, 2024 Image: A Guided Study of Gerontology

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### Introduction

We are aging, individually and collectively.

Older adults and people with disabilities can be assets to our community.

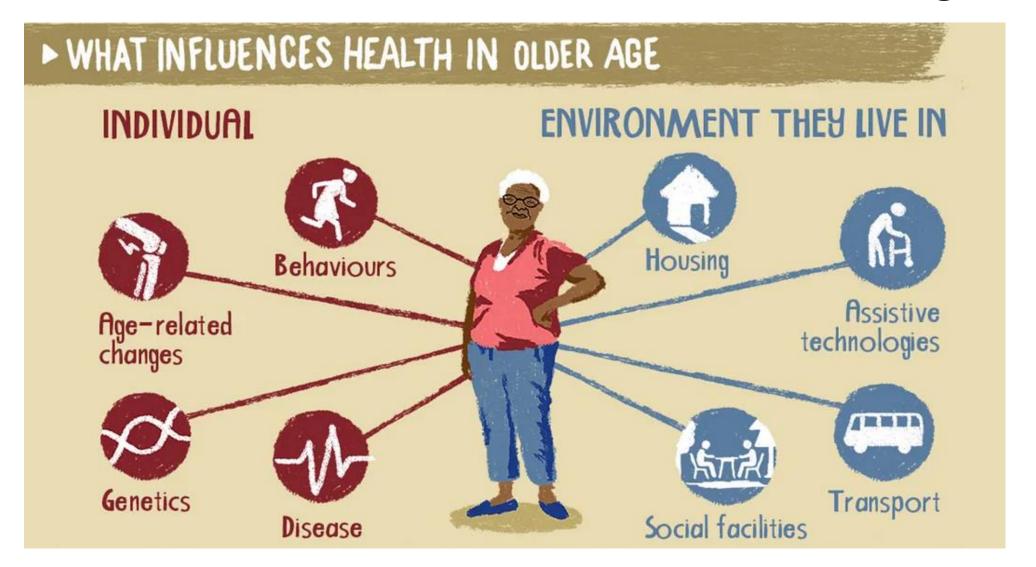
Adequate housing is a human right for everyone, yet current approaches yield housing that is not accessible, affordable, equitable, or sustainable.

Creating accessible, affordable housing in "complete communities" supports inclusion, access, aging in place, social connections, and livability.

# Agenda

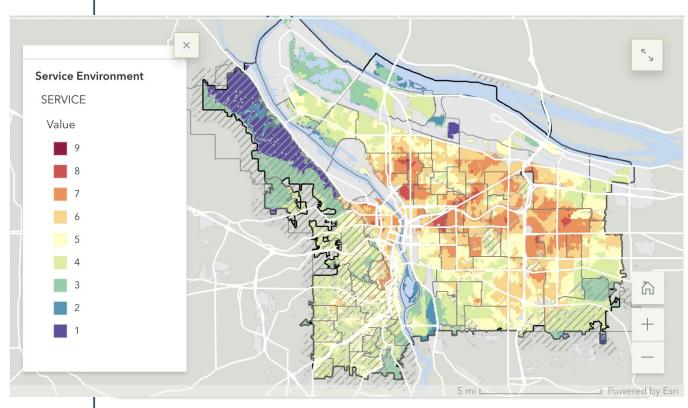
- Upstream Approaches
- Housing Needs and Strategies
- Age- and Disability-Inclusive Neighborhoods

# Upstream Approaches to Health in Older Age



References: WHO, Medium

# Key Determinants of Health and Well-Being in Housing for Older Adults & People with Disabilities



Affordability

Culturally adequate/appropriate

Habitability

Accessible physical environments (e.g., entrances, bathrooms, kitchens, floorplans)

Adaptability as households change over time

Social connectedness and supports

Proximity to services, facilities, work, and educational and recreational activities

Mobility options that enable independence/interdependence

References: U.S. DHS, National Library of Medicine; Images: NPR, Taking Ownership PDX, City of Portland/Baldwin et al., Eiji Toda

# We Are Aging, Everywhere

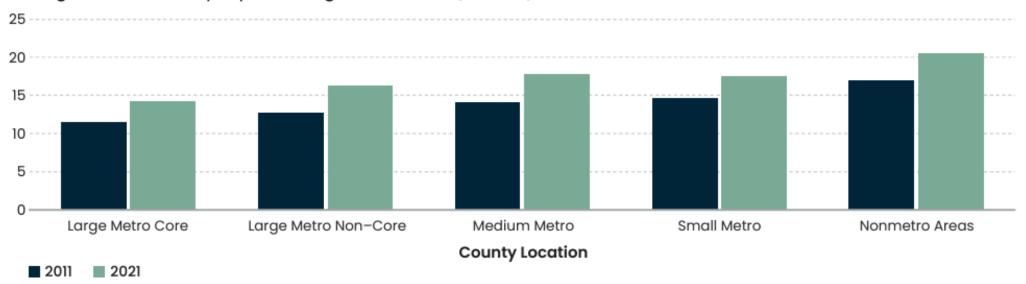
Figure 1.

Historical and Projected Life Expectancy for the Total U.S. Population at Birth: 1960-2060

Life expectancy at age 0 (in years)

#### Older Adults Constitute a Growing Share of the Population Across All Geographies

Average Share of County Population Age 65 and Over (Percent)



Notes: According to the National Center for Health Statistics Urban-Rural Classification Scheme for Counties, large metro areas have at least 1 million residents. Core counties contain either the largest city in the metro area or any city with at least 250,000 residents. Nonmetro areas include micropolitan areas that have one or more urban clusters of 10,000 to 49,999 people, as well as other nonmetropolitan counties.

Source: JCHS tabulations of US Census Bureau, American Community Surveys 1-Year Estimates.

Sources: U.S. Census Bureau, 2017 National Population Projections, 2015–2060, and National Center for Health Statistics Life Tables, 1960–2014, <a href="https://www.cdc.gov/nchs/data/nvsr/nvsr68/nvsr68\_07-508.pdf">www.cdc.gov/nchs/data/nvsr/nvsr68/nvsr68\_07-508.pdf</a>>.

# Disability by Race & Age: Portland & Oregon

	White non- Hispanic	Hispanic / Latinx	Asian	2+ Races	Black	American Indian and Alaska Native	Hawaiian / Pacific Islander
Total population - Portland	448,928	63,465	56,230	41,215	37,661	5,113	4,227
Total population - Oregon	3,099,759	546,758	187,389	254,033	76,391	44,598	16,279
% with disability 0-17 years, Portland	4.44%	3.63%	3.09%	3.65%	6.82%	6.60%	-
% with disability 0-17 years, Oregon	4.71%	4.87%	2.43%	5.59%	6.57%	7.91%	2.56%
% with disability 18-64 years, Portland	9.34%	9.99%	5.63%	13.58%	16.01%	17.90%	7.04%
% with disability 18-64 years, Oregon	12.21%	8.68%	5.70%	15.09%	14.89%	18.25%	6.76%
% with disability 65+ years, Portland	32.91%	32.76%	32.66%	40.56%	48.43%	73.98%	14.34%
% with disability 65+ years, Oregon	34.83%	36.58%	29.99%	43.73%	42.95%	51.67%	38.66%

Reference: 2020 American Community Survey (5-year), tables B18101 a-j.

**Notes:** (1) Not all a-i tables are displayed ("White alone" and "Some Other Race alone, non-Hispanic" were left off the table above); (2) "White non-Hispanic" was used rather than "White alone" in order to display and compare "White non-Hispanic" and "Hispanic or Latino" so that the "Hispanic/Latino" population was distinct from the "White" population; and (3) Tables B18101a through B18101i do not sum to the total population of Portland or Oregon as there is some sharing of populations between those tables.

## Houselessness, Older Adults, & People with Disabilities

**HOMELESS** May 10, 2023 at 3:20 pm

#### **Unhoused and Unaided**

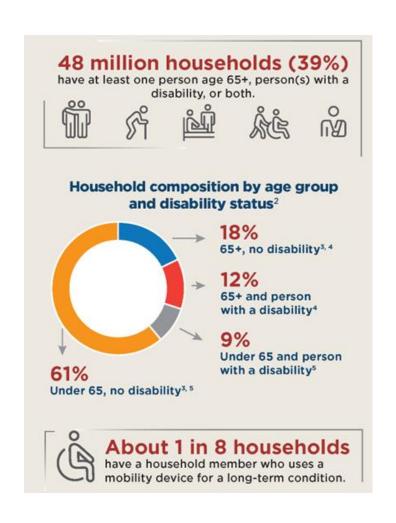
 $Despite\ ADA\ laws,\ Portland\ - area\ shelters\ struggle\ to\ accommodate\ people\ with\ disabilities.$ 





Shelter workers assist an unhoused person at a Salvation Army emergency warming shelter in February 2023. MOTOYA NAKAMURA/MULTNOMAH COUNTY COMMUNICATIONS

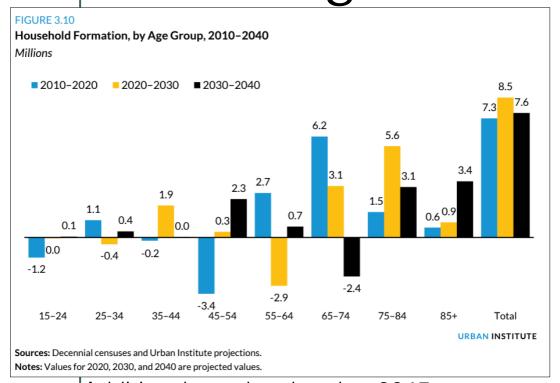
# Mismatch: Household Needs and Accessibility





References: <u>U.S. Census Bureau</u>, <u>The UD Project</u>

# Moving Forward the Need Will Grown



- Overall number and proportion of the 65+ population will increase, but using 65+ as a data point is problematic as senior housing eligibility is often at 55 or 62.
- Disability prevalence among the 75+ population is the highest and the 75+ and 85+ cohorts will grow faster than the 65+ population.
- Number of households headed by those aged 65+ will expand dramatically.
- Older adult household growth will account for virtually <u>all</u> household growth from 2020 to 2030, and most of it from 2030 to 2040.

#### Suggestions:

- Increase the supply of affordable homes, including condominiums.
- Better tailor these homes to the needs of future owners and renters through more flexible and inclusionary zoning, land-use regulations, more efficient permitting processed, and greater flexibility in building technologies.

#### Additional trends related to 2045:

- All Gen Xers will qualify for senior housing as they will be between 65-80
- Millennials will be aged 49-64 which will position many of them to be eligible for senior housing (55 and 62 are the traditional eligibility rates for CBOdeveloped and federally developed housing, respectively)

Reference: Urban Institute (2021). The Future of Headship and Homeownership.

# Toward Age- and Disability-Inclusive Neighborhoods (ADIN)

#### **ADIN Action Plan**

#### **Strategies**

- Housing and land use
- Mobility and accessible public spaces
- Aging in community
- Climate planning
- Community involvement
- Employment & the economy
- · Age equity / additional actions



#### Age- and Disability-Inclusive Neighborhoods Action Plan

October 2023

DISCUSSION DRAFT



# Strategy: Housing and Land Use - Facilitate aging in place and social connectedness through housing production in centers and adjacent single-dwelling residential zones

#### Actions:

- Establish adaptable housing standards and incentives
- Support aging in place by developing communication pathways that advance middle housing development
- Advance aging-friendly cottage cluster design competition that leads to pre-approved permits
- Establish incentives for community benefits (e.g., accessible housing, child and adult day care) that mitigate displacement and activate social connections

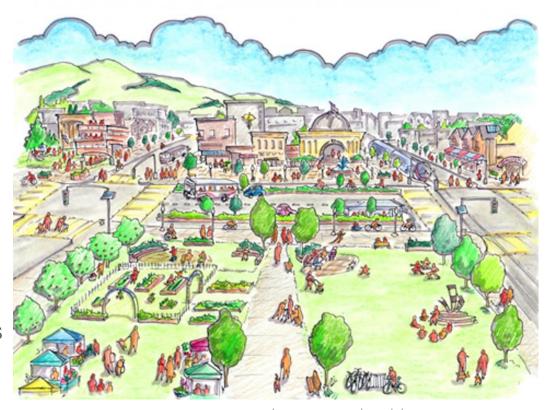


Image: gethealthysmc.org

# Strategy: Age-Friendly Centers - Move toward age-friendly centers by addressing the unique needs of older adults, people with disabilities and caregivers



#### Actions:

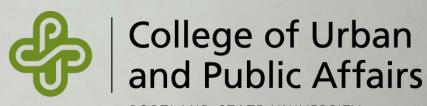
- Integrate older adults, people with disabilities, and caregivers into complete communities planning (<u>Story Map</u>)
- Co-create and strategically locate age-friendly services in centers near housing and mobility options (County partnership)
- Create a housing production strategy that increases affordable and accessible housing in and near neighborhood/town centers
- Explore capital projects in east Portland that attract residents and visitors
- Improve first/last mile mobility options in centers

## Additional ADIN Actions

- Action 1.2: Revise 33.229 Elderly and Disabled High Density Housing.
- Action 3.2: Engage Government Partners and Community to Ensure Sufficient Accessible Parking is Available
- Action 4.1: Integrate Dementia-Friendly Approaches and Design into the Built Environment
- Action 4.2: Utilize Best Practices to Create Accessible and Inclusive Plazas
- Action 5.1: Support Aging-in-Place and Aging-in-Community for Underserved and Frontline Communities
- Action 6.1: Integrate Older Adults, People with Disabilities, Caregivers, and Community Based Organizations into Climate Action Planning and Future Actions



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PORTLAND STATE UNIVERSITY

#### HOLST

### HOUSING LAND ADVOCATES















































#### HOLST HOUSING DESIGN PRINCIPLES







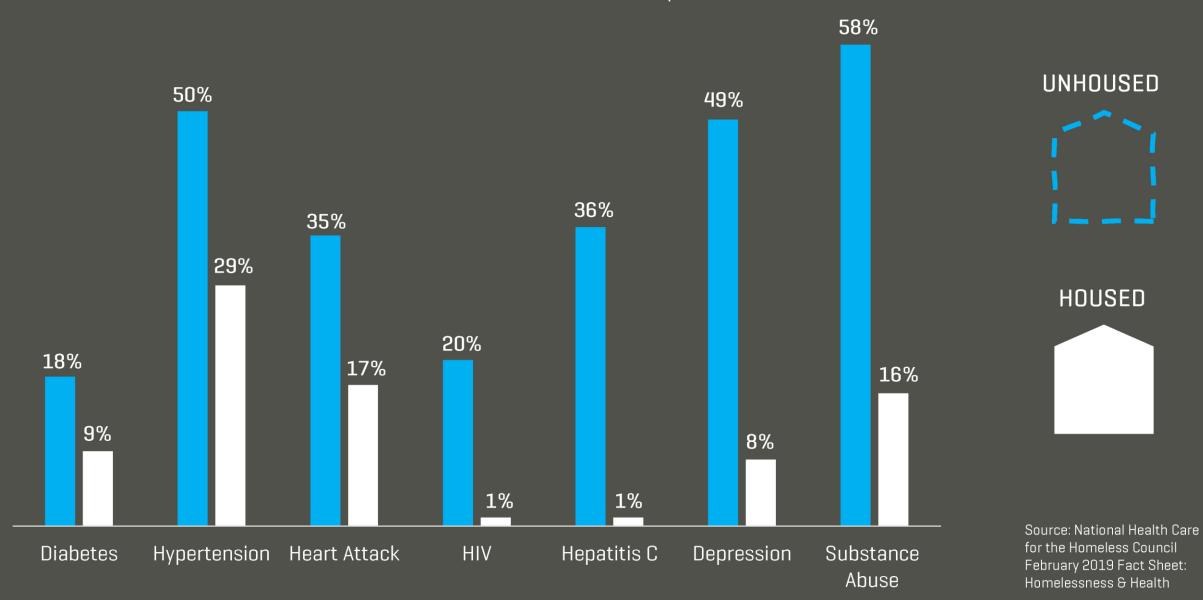






#### **HOUSING IS HEALTHCARE**

#### Health Conditions in the General US Population



# BUD CLARK COMMONS

HOME FORWARD

2011





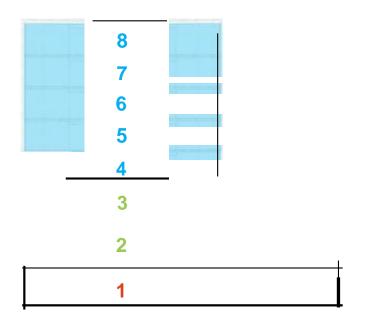


HOUSING floors 4.8

The hous,ng has 130 permanent studios for single men and women.

- counseling
  24 hour reception
- balconies

- community room laundry facilities
- computers



#### DAY CENTER

**SHELTER** 

floors 2-3

The Day Cente, p,ov,des homeless citizens with the ,esources they need to gain and maintain housmg. It is open to the public

ER floor 1 The shelter provides a tempora,y home for 90 men

#### showers

- restrooms
- lib1a1y
- wellness center
- barbershop
- pet kennels
- garden balcony
- lockers
- kitchen

counseling lockers laundry center

restrooms
- computers

free clothing

- computers
- counseling
- laundry center
- public courtyard
- art studio
- mail center
- community courtroom
- rneetmg space

dining area showers private courtyard exercise room

commercial kitchen

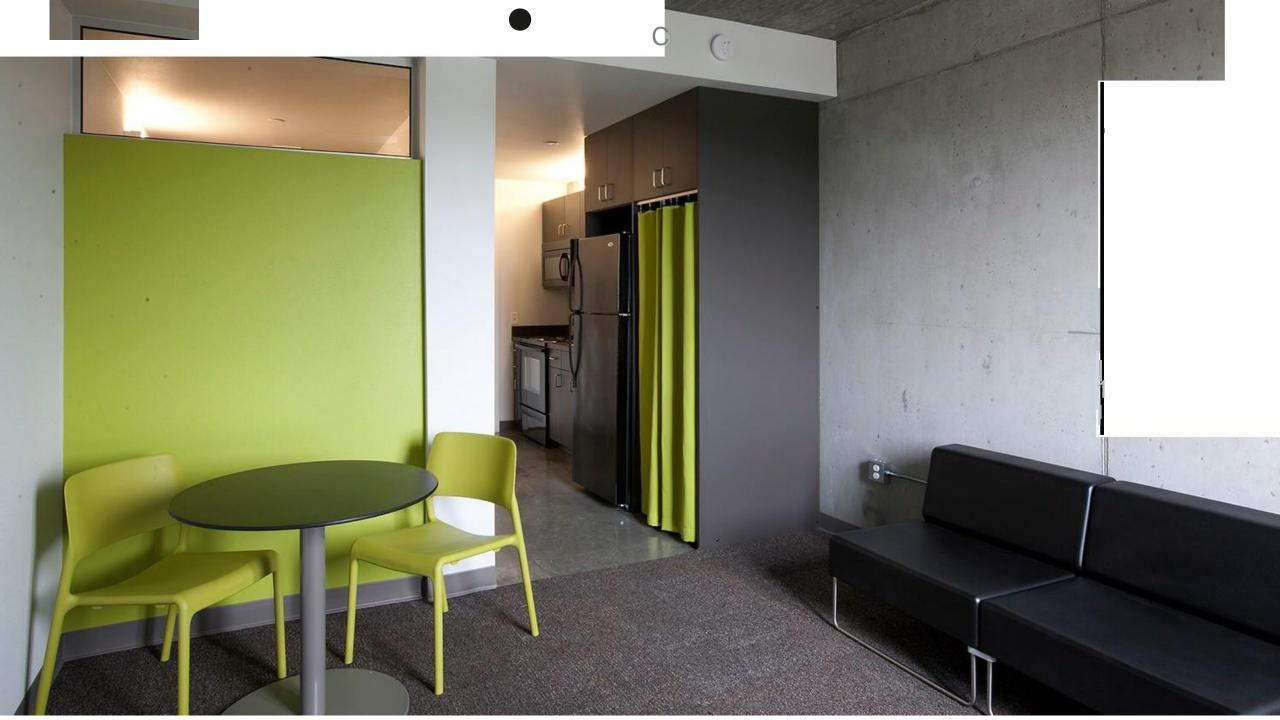




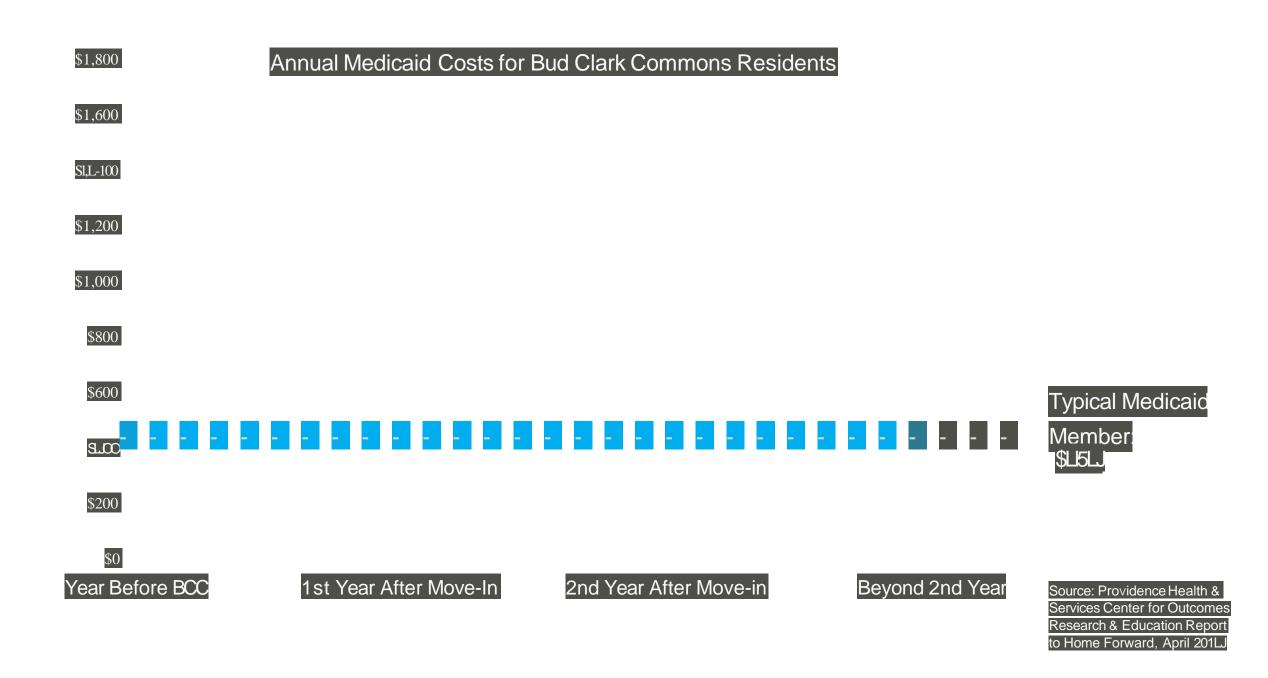












#### **COMMUNITY CONNECTIONS**

# ARGYLE GARDENS

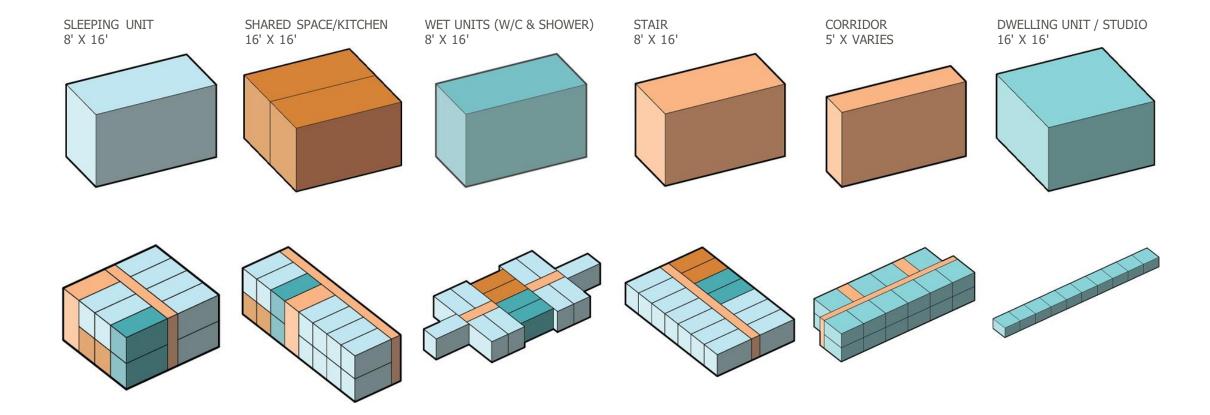
TRANSITION PROJECTS

2020











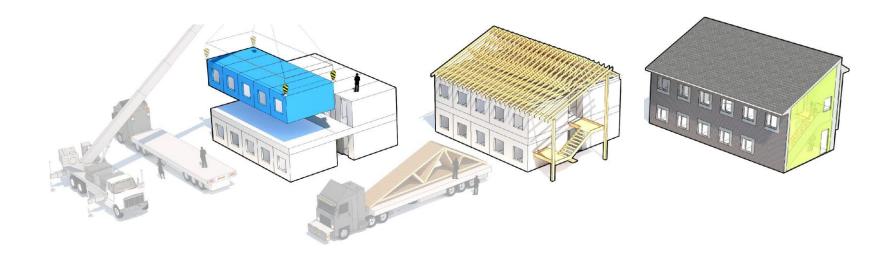


























"It started in 2013. Me and my dogs lived in a van that we had. And then that broke down, and we just lived on the streets since then. I had to find something because I knew something had to break.

When I first walked into the room, I had to hold back the tears, because I was so excited about it. When I walk into it feels like home. This environment helps me move up in the world.

It's just a really nice community that I've seen. It gives you a better feeling about yourself. That's what people need."

"Argyle Gardens
is like heaven to me,
because it gives me a chance
to become somebody again."

Delia, Argyle Gardens resident



"When I got out of the service, man, I was by myself. And I was on the street for thirty years. Hard times. Bad times. And you start wearing down to the point that you don't trust nobody. You don't want nothin'. You just give up.

When Doreen's Place brought me here, I thought I was dreamin'. I woke up one morning and thought, "Man, how'd I get here?"

"This place is amazing. I have my own bed. I got a shower, I got a bathtub, I got a mirror, and I can cook my own meals here.

It's beautiful, man."

George, Argyle Gardens resident

If you get housing, where you can sleep at night and get perfect rest, you can change the way you live. You want to walk around and find you a job. Now I've got a roof over my head, my rent's paid on time, I do what I'm supposed to be doing, and then I'm living.

# TRAUMA INFORMED DESIGN

# TRAUMA INFORMED DESIGN PRINCIPLES













### CHERRY BLOSSOM

FORA HEALTH

2022



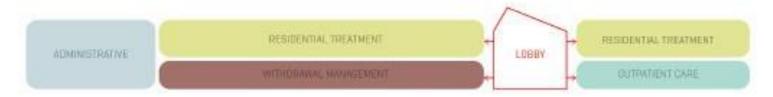
#### **COHERENCY** - create a clear narrative



Large scale of program and adjacent context is articulated with a familiar roof form as a gesture of welcoming

#### ROOF CONCEPT DIAGRAM





PROGRAM DIAGRAM

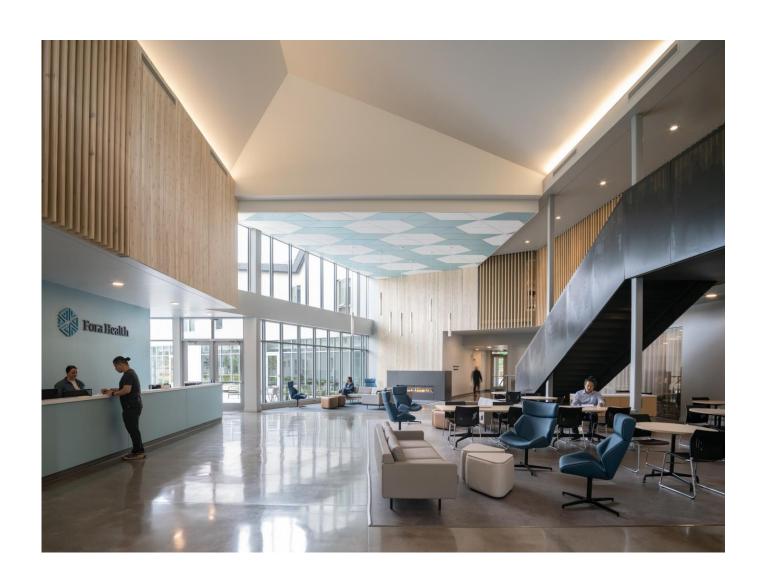
**COMFORT** - reduce environmental stressors and negative stimuli



# **DE-ESCALATION** - provide spaces for self-care



# **EMPOWERMENT** - provide choices



# **NATURE** - provide connections to the natural world



**SAFETY** - design for both actual safety and perceived safety







# Percentage of adults with functional disability types

MOBILITY Serious difficulty walking or climbing stairs

26%

U.S.

adults

of

13.7% 10.8% 6.8% 5.9% COGNITION Serious difficulty concentrating, remembering, or making decisions

INDEPENDENT LIVING Difficulty doing errands alone

**HEARING** Deafness or serious difficulty hearing

VISION Blindness or serious difficulty seeing

4.6% 3.7% SELF-CARE Difficulty dressing or bathing

#### **Mobility and Height**

# 5

#### Design strategies in unit

- Accessible appliances
- Central command center kitchen
- Right vs Left handed oriented units
- Open area for maneuverability
- Lower countertops
- Additional blocking for customizable grab bar

#### Design strategies in public spaces

- Seating area at entrance
- Ramped access
- Variety of seating options
- Accessibility counter at mail area & concierge
- Double handrails
- Elevator kick plate
- Accessible appliances
- Adult sized changing table

#### Vision



#### Design strategies in unit

- Wainscott along main circulation paths
- Well lit spaces
- Recessed unit entries with contrasting color

#### Design strategies in public spaces

- Mitigating acoustics in lobby spaces
- Contrasting colors in furniture
- Contrasting walls and doors
- Change in textures of wall and floor surfaces
- Contrast ramp color
- Well lit spaces
- Contrasting switch plates
- Intentional changes in material

#### **Hearing and Acoustics**



#### Design strategies in unit

- Intuitive connectivity between living space and entry/exit
- Use of materials that reduce reverberation

#### Design strategies in public spaces

- Transparency between spaces
- Use of materials that reduce reverberation
- Increase visibility around corners

#### **Cognitive Access**

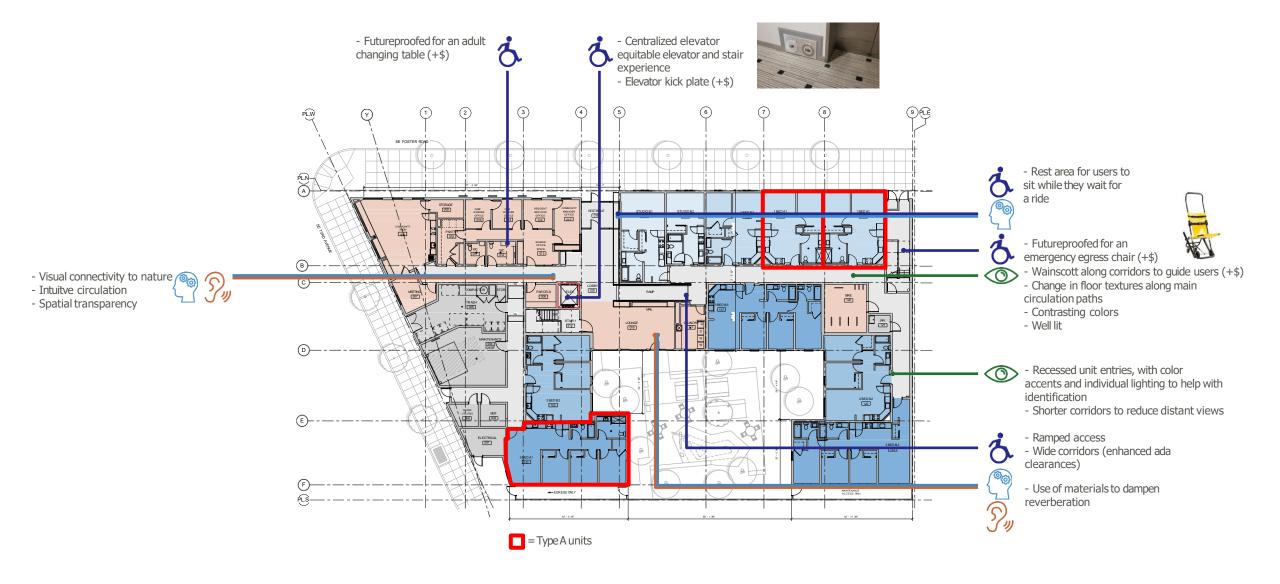


#### Design strategies in unit

- Dimmable and controllable lighting
- Minimal use of materials that may cause loud, unexpected noises
- Views to nature

#### Design strategies in public spaces

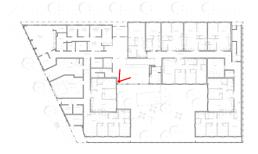
- Mix of active and quiet spaces
- Transparency into common spaces
- Dimmable, controllable lights
- Clear wayfinding & signage
- Clear thresholds into spaces



#### Interior Views - Lobby



#### **Key Plan**

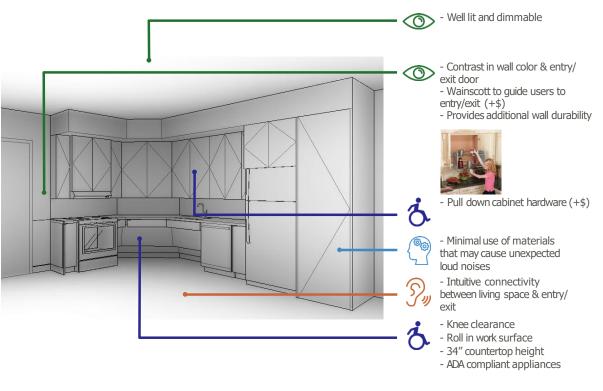


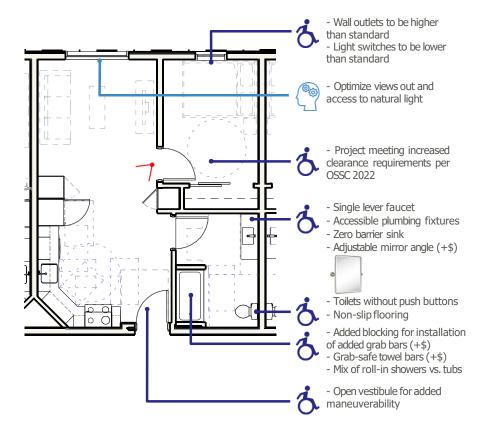
Precedent



#### Type A Unit

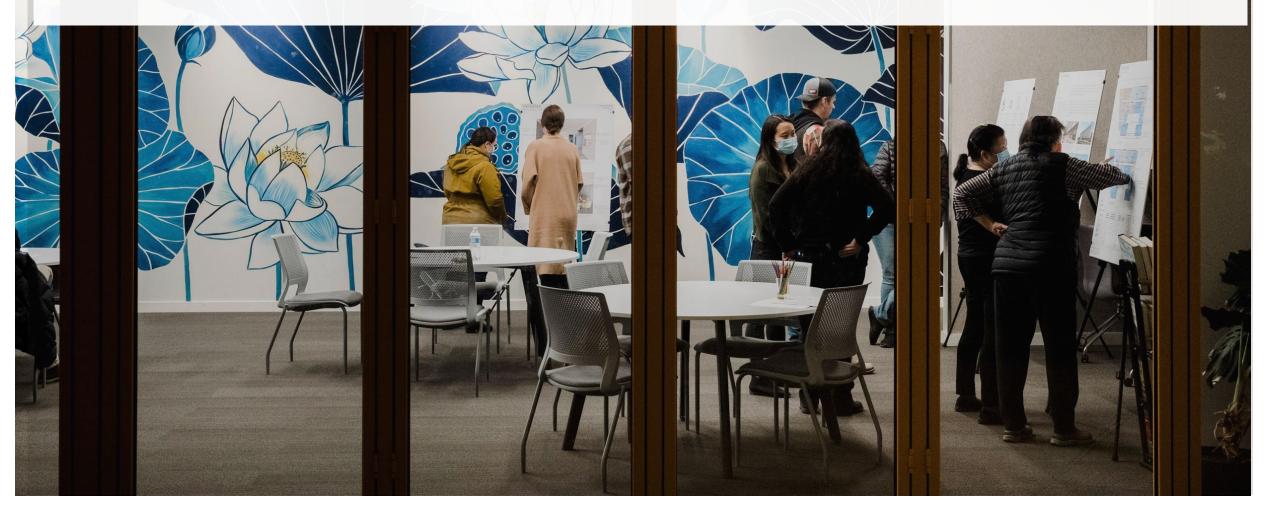








# POST OCCUPANCY EVALUATIONS IN NEW AFFORDABLE HOUSING



### RESEARCH PROBLEM

#### SOCIAL DETERMINANTS OF HEALTH:

Non-medical factors that influence health outcomes (Healthy People 2020, CDC)











# **METHOD**

# QUANTITATIVE

QUALITATIVE

Closed questionnaires

Secondary data

Energy use data tacking

# WHAT

Demographic Data

Monitored environmental variables

User interviews

Ethnographic studies

Photo observations

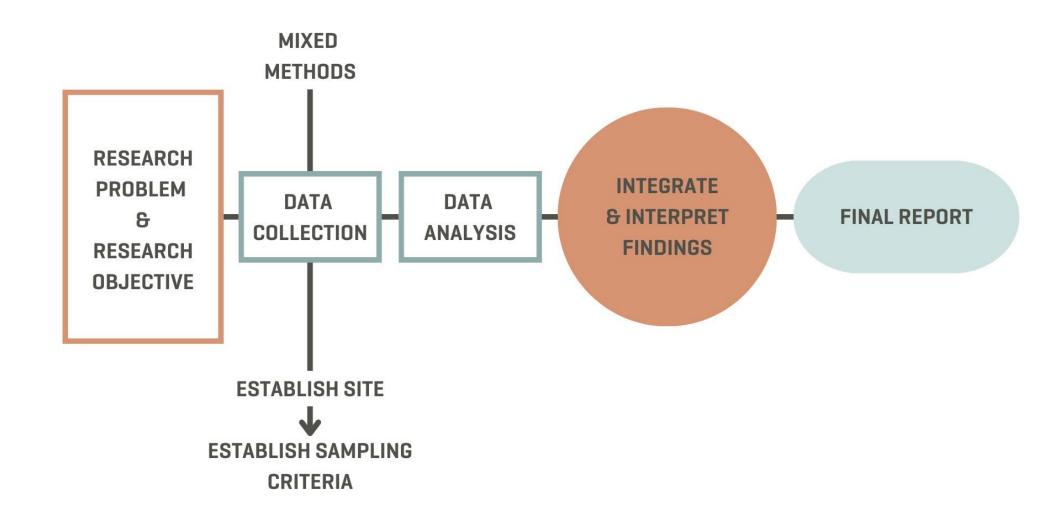


Focus groups

Field notes

Open-ended questionnaires

# RESEARCH APPROACH







# 72FOSTER | PORTLAND, OR

#### **BRIEF**

Affordable housing and resource center tailored for intergenerational families

#### **COMPLETION**

2019

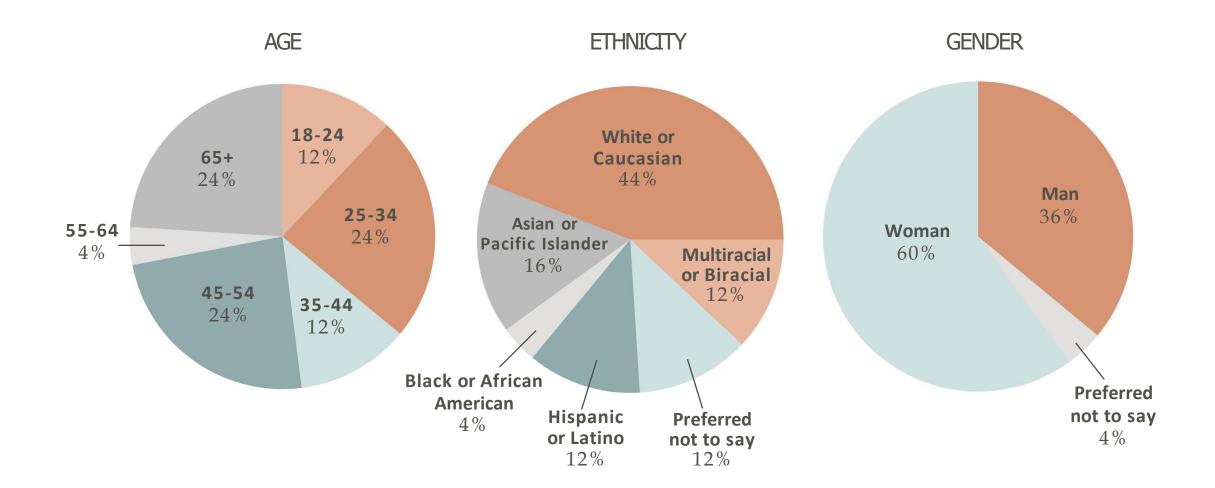
#### SIZE

79,600 sq. ft., 101 units

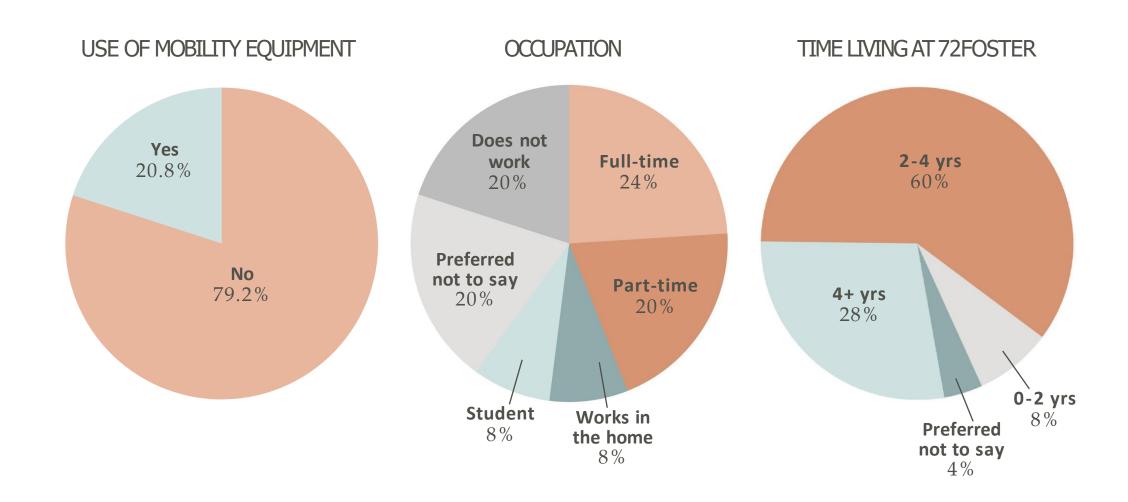
#### **CLIENT**

REACH Community Development

# SAMPLING CRITERIA – QUESTIONNAIRES



# SAMPLING CRITERIA – QUESTIONNAIRES



# SAMPLING CRITERIA – INTERVIEWS

REACH CDC

::
72FOSTER

::
COMMUNITY
MAINTENANCE
COORDINATOR

RESIDENT SERVICES
COORDINATOR

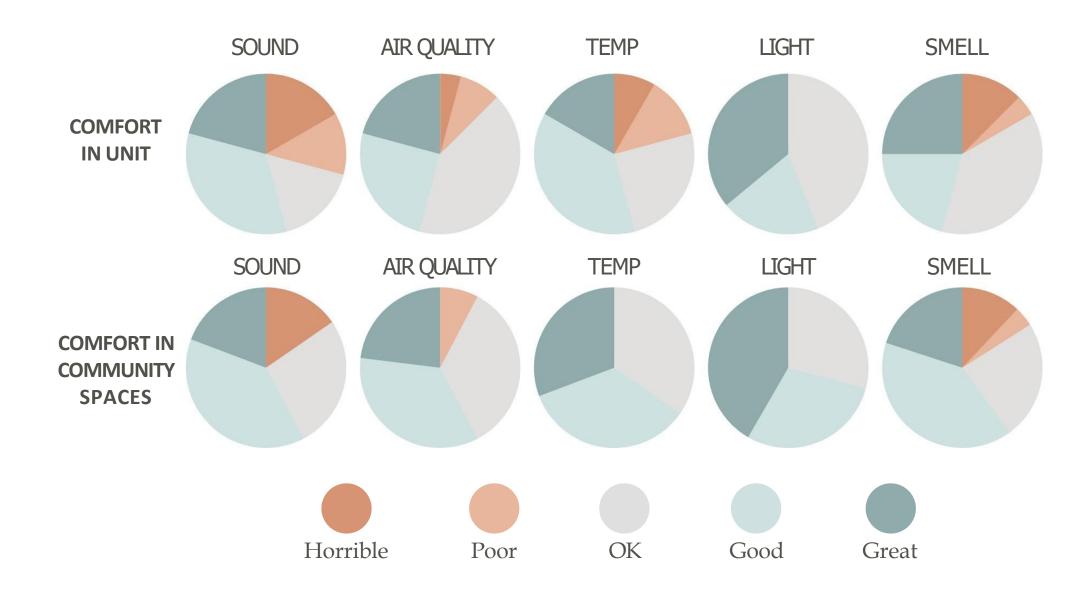
MAINTENANCE
TECH

"72Foster is a beacon of Foster Rd and wants it to be a stable for not gentrification but beautification...for pride in place."

"Support residents to stay in stable housing."

"Available full time and on-call because I know the building the best and would rather take care of the issue myself."

# DATA ANALYSIS - HEALTH



"I love all the natural light
I get from the windows and how huge they are!"

"I wish there was central air."

"I had a huge problem with smoke from people in the courtyard."

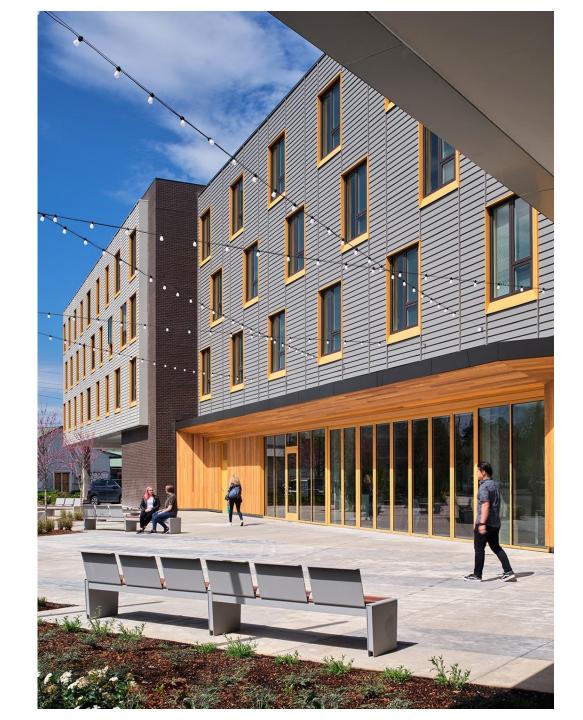


"I used to feel bike parking was safe but no longer due to security problems/theft."

"I would feel safer with access to a stairwell in the lobby."

"It's safe, I feel like home."

"Does not always feel safe outside of the building, especially at night."



# DATA ANALYSIS - SITE OBSERVATIONS (GROUND FLOOR)

"There's break-ins at the building from every entrance."



"The theft is really an unbelievable hurdle for us right now. Once someone gets their bike stolen that's the end of biking."



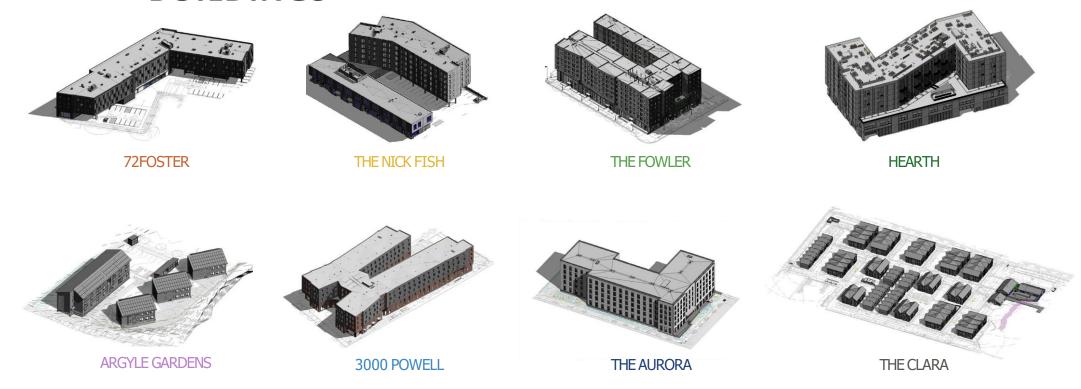
"Front bench is hidden and is seldom used by residents actually waiting for a ride."



"There aren't stairs to use from Level 01 to go up and down, so you have to use elevators, which have continual issues."



# ANALYSING CARBON IN MULTIFAMILY BUILDINGS

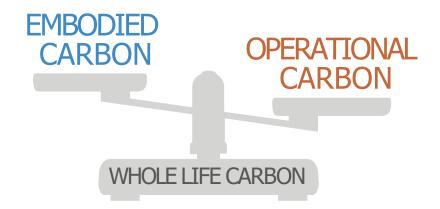


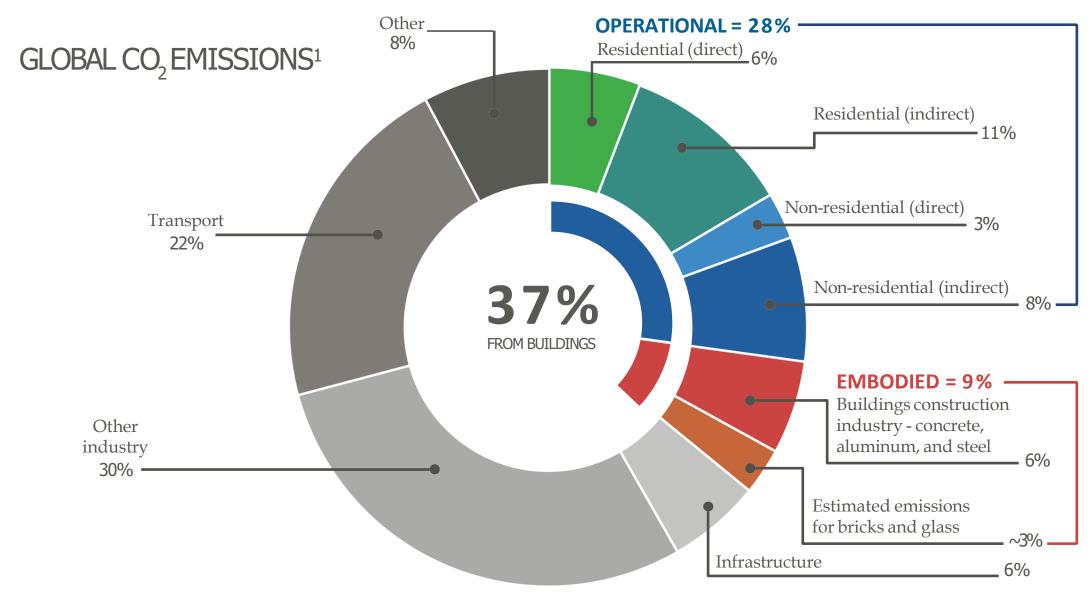
#### RESEARCH OVERVIEW

This Energy Trust of Oregon research project analyzes the operational, embodied, and whole life carbon of eight multifamily buildings in the Pacific Northwest.

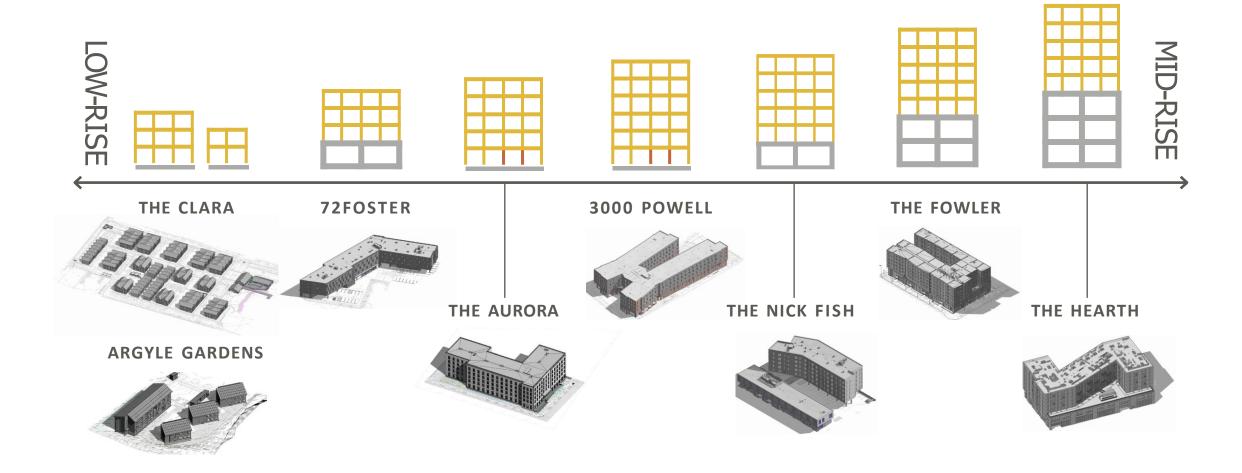
#### PRIMARY RESEARCH GOALS

- 1) Provide public operational and embodied carbon data, especially for low and mid-rise wood frame multifamily construction in Oregon.
- 2) Determine the predicted life-span balance between operational carbon and embodied carbon, for eight multifamily projects in Oregon.

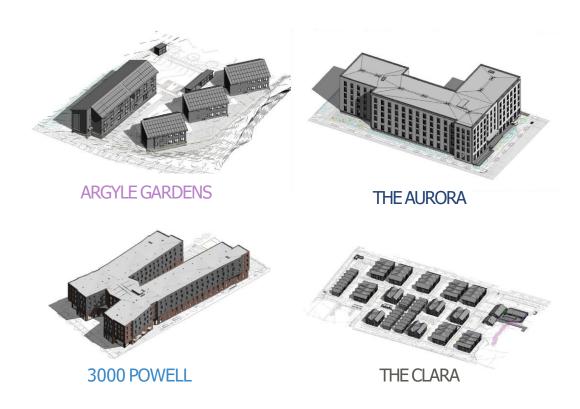




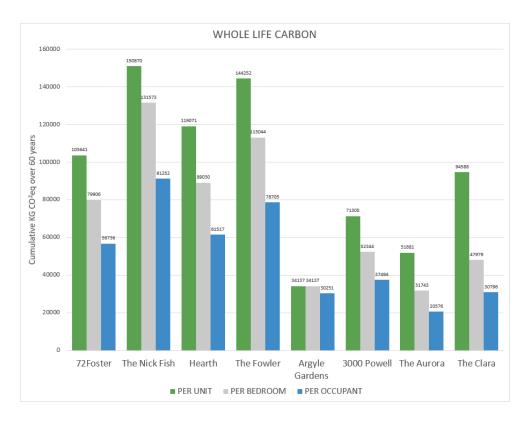
United Nations Environment Programme. 2022. 2022 Global Status Report for Buildings and Construction, https://www.unep.org/resources/publication/2022-global-status-report-buildings-and-construction, data from International Energy Agency. 2022. Tracking Buildings 2022. Paris: International Energy Agency. Available at: https://www.iea.org/reports/tracking-buildings-2021



#### **CONCLUSIONS & FINDINGS**



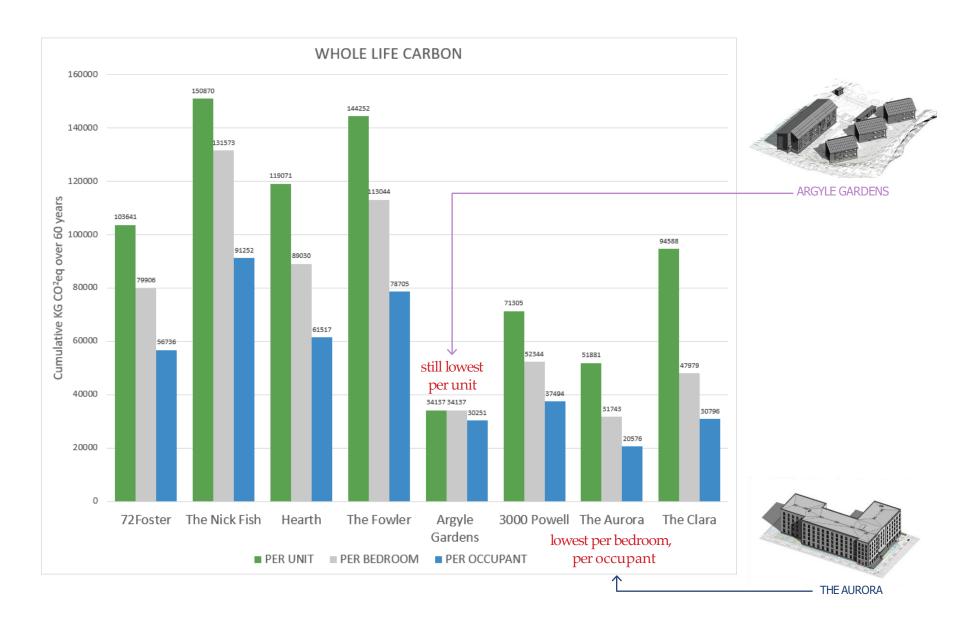
2) Argyle Gardens, 3000 Powell, the Clara and the Aurora have some of the lowest operational, embodied, and whole life carbon per housing unit, bedroom, and occupant.



#### WHY ARGYLE GARDENS?

- Small unit size
- SRO units share kitchens and bathrooms
- Limited concrete (embodied carbon driver)
- Limited windows (embodied carbon driver)
- Ceiling fans but no air conditioning (operational carbon driver)

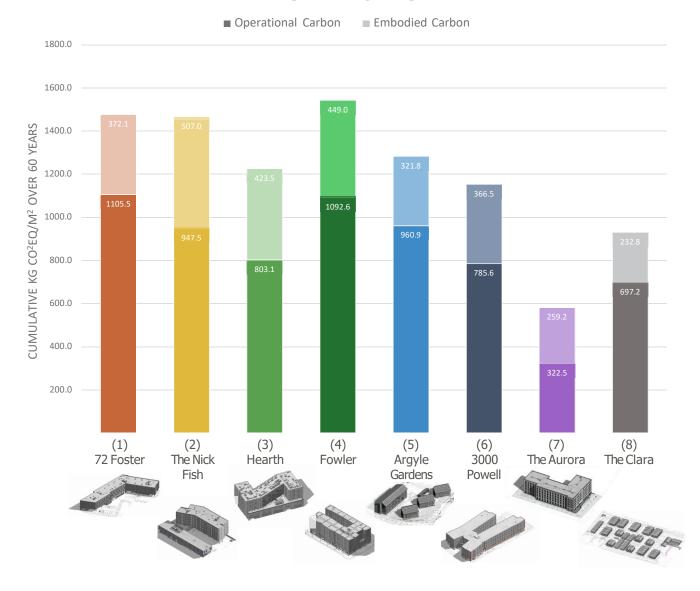
#### **CONCLUSIONS & FINDINGS**



#### FINAL THOUGHTS

#### WHOLE LIFE CARBON

- SET GOALS FOR EUI, OPERATIONAL CARBON, AND EMBODIED CARBON EARLY IN A PROJECT
- TRACK AGGREGATE ENERGY USAGE DATA AND SETUP FEEDBACK LOOP WITH ARCHITECTS, ENGINEERS, AND OWNERS
- REQUEST EMBODIED CARBON DATA FROM MEP MANUFACTURERS
- THE MOST SUSTAINABLE BUILDING IS THE ONE THAT IS ALREADY BUILT















#### **OREGON**

Department of Land Conservation & Development



# Innovations in Housing Production

Housing Land Advocates Conference 2024

March 8, 2024

Celestina Teva, Housing Planner DLCD Housing Division

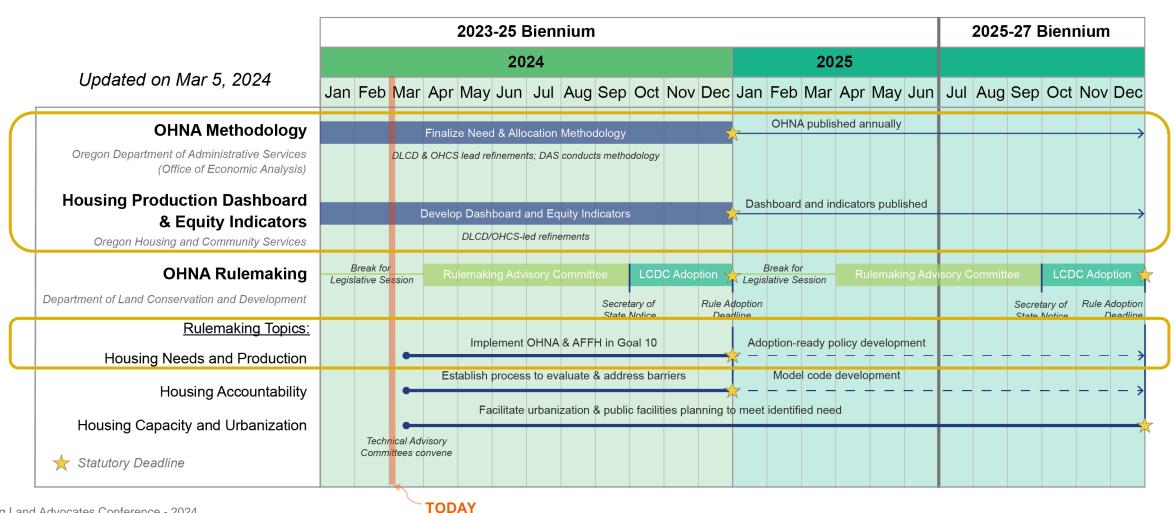
# Innovations in Housing Production

# At the Department of Land Conservation & Development

- Racial Equity Framework for Decision-Making in the Oregon Housing Needs Analysis rulemaking
- Equitable Engagement Toolkit
- Housing Production Strategy program
- Climate-Friendly & Equitable Communities
- Mass Timber Code-UP project

# Racial Equity Framework for Decision-Making in the Oregon Housing Needs Analysis rulemaking

### **OHNA Rulemaking Timeline**



## OHNA Rulemaking Topic Areas / TACs

# Housing Need & Production

- OHNA implementation; "needed housing" translation into types, characteristics, and locations
- Affirmatively Furthering Fair Housing into Housing Production Strategy
- Adoption-ready policies model codes, permit-ready plans, incentive programs, public facilities policies, and more

# Housing Capacity & Urbanization

- "Off the shelf" methodologies & assumptions – e.g. BLI, UGB, etc.
- Greater clarity/certainty for analyses, UGB amendments, land exchanges, & urban reserves
- Facilitate development-readiness of lands brought into the UGB

#### **Housing Accountability**

- Measuring (under)performance
- Scope and process of DLCD review of local/state barriers to housing production
- Steps to ensure local gov'ts take meaningful actions to address identified barriers

# Racial Equity Framework for Decision Making

- Adopted by Land Conservation & Development Commission in 2023
- 8 assessment areas with corresponding analysis questions
- Applying this framework to OHNA rulemaking, including RAC & TAC participation

**Historical Inequities** 

**Benefits & Burdens** 

Data Equity & Data
Justice

Community Engagement & Empowerment

**Accountability** 

**Restorative Justice** 

**Decision Making** 

Measuring &
Evaluating
Outcomes and
Continuous
Improvement

# Statewide DLCD Equitable Engagement Toolkit

# **Equitable Engagement Toolkit**

#### Who

DLCD, Knot Studio, MultiCultural Collaborative

#### What

- Statewide equitable engagement tools & best practices
  - Centers racial equity
  - May include power analysis and benefits & burdens analysis tools
  - For all community sizes small, medium, and large
  - For various project types including housing planning (HPS & CFEC)

#### Why

Better support local governments across the state

#### When

Completion by May 30, 2025

knot studio



# Housing Production Strategy (HPS) Program

## Goal 10 – Housing

"To provide for the housing needs of citizens of the state. Buildable lands for residential use shall be inventoried and plans shall encourage the availability of adequate numbers of needed housing units at price ranges and rent levels which are commensurate with the financial capabilities of Oregon households and allow for flexibility of housing location, type and density."



# Housing Production Strategy Program Year 1

#### 2023

 11 Received, all Approved with Conditions

#### 2023-25 biennium

 14 HPS Planning Assistance grants awarded

#### Takeaways

- Kudos to the trailblazers!
- Analysis of reports & strategies in aggregate and refinements to the HPS menu are forthcoming
- Collective work ahead to Affirmatively Further Fair Housing in the HPS program

# Climate-Friendly & Equitable Communities (CFEC) Implementation

- Walkable, Mixed-Use Areas
- Reduce need for vehicle trips and trip lengths
- Located in Urban Centers and Corridors
- Cities > 10,000 adopt CFAs with sufficient zoned capacity for at least 30% of total housing needs
- Prescriptive or Outcome-Oriented Standards

# Climate-Friendly Area (CFA) Basics



# Oregon's Eight Metropolitan Areas



#### **Climate-Friendly Areas** Status Update

To date:

End of March 2024:

End of December 2024:

- Nearly all Climate
   Friendly Area
   studies have been
   received and
   posted for
   public comment
- DLCD will provide comments on all CFA studies
- Jurisdictions will adopt CFAs with corresponding development codes and mitigating antidisplacement and anti-gentrification strategies (unless approved for time extension)

## **Mass Timber Code-UP Project**

**DLCD** with the Mass Timber Coalition

## Oregon Mass Timber Coalition



















# Oregon's Vision for a Thriving Mass Timber Industry Cluster

#### **Public Investments that:**

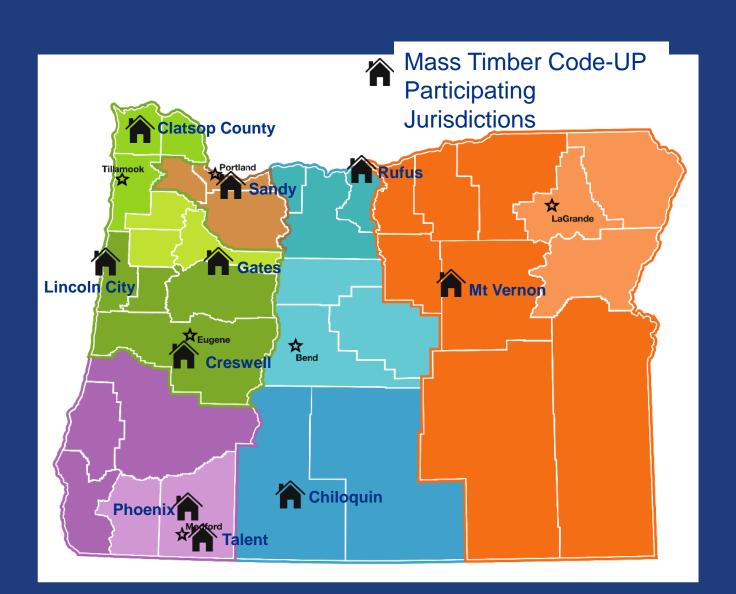
- Catalyze the emergent mass imber sector
- Create quality jobs in the manufacturing, construction, and forestry industries
- Increase wildfire resiliency of timber resources and communities living with the risk of wildfire
- Share economic benefits between urban and rural regions of the state
- Expedite production of housing



Flynn Casey & Christiana Hedlund/ University of Oregon

# **Mass Timber Code-UP**

- Model Code & Audit
   Workbook
  - Complete and will be available online soon: audiences include jurisdictions & builders/developers
- Technical code assistance grants
  - Underway with grant management support



## **Additional DLCD Contacts**

- Mass Timber Coalition & Code-UP Project
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Housing Land Advocates Conference - 2024







Housing Land Advocates Conference | March 8, 2024

**DLCD Housing Division** 

# Thank you!